

Sports Injuries Series (Part I—IV)

Sports Injuries Series (I) – TCM Examination and Clinical Differentiation of Sports Injuries

- ◆ 8 Hours/8 CEUs or PDAs
- ◆ Discussion of clinical examination and diagnostic skill set pertaining to sport injuries.
- ◆ Guidance of clinical differentiation and manifestation of injuries in the following body parts: neck, shoulder, lower back, pelvis, knee, and ankle.



Sports Injuries Series (II) – TCM Examination and Treatment of Cervical Spondylopathy and Lower Back Pain

- ◆ 8 Hours/8 CEUs or PDAs
- ◆ Guidelines of TCM examination of the following types of cervical spondylopathy: nerve root type, spinal type, vertebral artery type...and many others.
- ◆ Guidelines of TCM examination of the following lower back pain: piriform muscle syndrome; lumbar sprain; and lumbar contusion.
- ◆ Discussion of appropriate TCM treatment modality specific to each type of cervical spondylopathy and lower back pain.



Sports Injuries Series (III) – TCM Examination and Treatment of Injury Associated with Shoulder, Elbow, Wrist, Knee, & Ankle

- ◆ 8 Hours/8 CEUs or PDAs
- ◆ Guidance of TCM examination of pain associated with shoulder, elbow, wrist, knee, and ankle.
- ◆ Discussion of diseases associated with these body parts include but not limited to: frozen shoulder, omelgia, lateral humeral epicondylitis, strain of patella, and calcaneodynia,
- ◆ Discussion of appropriate TCM treatment modality specific to pain occurred in respective body parts.

Sports Injuries Series (IV): Advance Your Acupuncture Skills to Combat Common Sports Injuries Seen in TCM Practice

- ◆ 8 Hours/8CEUs or PDAs
- ◆ Introduction of advanced acupuncture skills to treat common symptoms seen in TCM practices.
- ◆ Discussion of illnesses occurred in the following regions of the body: head; neck & shoulder; elbow & wrist; and knee & ankle
- ◆ Discussion of disorders include but not limited to: ringing in the ear; ptosis of eyelid; biceps brachii tendonitis; tenosynovitis of flexor digitorum; and injuries in collateral ligament.

Efficacious TCM Diagnosis and Treatment of Common Gynecological Disorders

- ◆ 8 Hours/8 CEUs or PDAs
- ◆ Introduction to relevant diagnostic techniques, such as pulse diagnosis, patient medical history, and inspections used in the differential diagnosis of common gynecological disorders.
- ◆ Discussion of specific acupuncture and herbal treatments used to relieve gynecological conditions.
- ◆ Guidance for practitioners to restore balance for those suffering from amenorrhea, dysmenorrheal, menopausal syndromes and more.

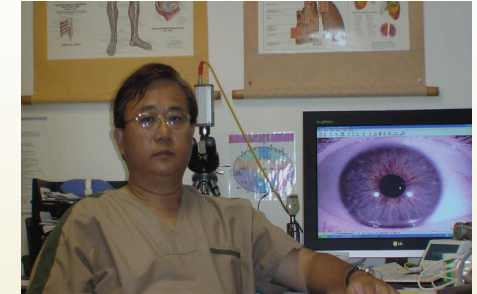


Effectively Tackle Nasal Disorders with TCM: Vestibulitis, Rhinitis, and Sinusitis

- ◆ 8 Hours/8 CEUs or PDAs
- ◆ General discussion of the most common nasal disorders include but not limited to: nasal vestibulitis, chronic rhinitis, chronic nasosinusitis, nasal polyp and nasal hemorrhage.
- ◆ Introduction to techniques used to diagnose nasal conditions.
- ◆ Overview of specific acupuncture and herbal medicine treatments to relieve nasal disorders.



Evergreen Acupuncture & Chinese Herbal Medicine Clinic



DR. WU'S WORKSHOPS

WITH 4 TOPICS IN TCM

IRIDOLOGY AND TRADITIONAL CHINESE MEDICINE (TCM) SERIES

PART I-III

SPORTS INJURIES SERIES PART I-IV

GYNECOLOGICAL DISORDERS

NASAL DISORDERS

For more information, please contact us:

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If you are interested in Dr. Wu's workshops, please see workshops schedule and register at: www.mydrwu.com



KNOWING MORE ABOUT DR. WU

About Dr. Wu

Dr. Robert Teng-Fang Wu practiced traditional Chinese medicine in Taiwan for over 20 years, seeing an average of 60 to 100 patients daily and now has a thriving business in San Diego, California.

Dr. Wu specializes in the following area of traditional Chinese medicine:

- Sports injury
- TCM iridology
- Advanced acupuncture
- Tui-na
- Herbal formula in clinical differentiation
- Sinusitis

Throughout Dr. Wu's career, he studied and applied iridology to diagnosis. He has documented hundreds of cases correlating iridology with specific symptoms and diseases. He also recorded many invaluable iris images and case studies of Asian and Caucasian patients. Dr. Wu is unquestionably a pioneer in integrating traditional Chinese medicine with modern Iridology diagnosis. Considered an expert in this specialty, Dr. Wu applies it in particular to sports injury and sinusitis.

What is Iridology?

Iridology, the study of the iris of the eye, is a type of diagnostic technique that allows you to evaluate the patients' health conditions based on the patterns, colors, markings and other characteristics of the iris. Therefore, in iridology, the eyes are believed to be the windows to the body's state of health.

In the TCM Iridology Workshop Series, you will learn how to incorporate this new type of diagnostic modality into your clinic from Dr. Robert Wu, one of the very few who is proficient in both Iridology and TCM. Dr. Wu is going to share with you this invaluable knowledge of integration of iris diagnosis into your TCM practice. He will also illustrate how to utilize herbal formulas and acupuncture treatments in order to maximize the treatment results.



10 MOTIVATORS TO JOIN DR. WU'S WORKSHOPS

1. Fulfill your CEU or PDA credits by earning 8 credits for each of the workshop you attend (*California Acupuncture Board CEU credits for iridology courses are not currently available).
2. Dr. Wu's workshops are suitable for both beginning and advanced practitioners.
3. Integrative medicine is the current trend in TCM! This can be accomplished by combining iridology diagnosis techniques with TCM treatments. Dr. Wu's iridology workshop series will help you provide more efficient and accurate diagnosis and treatment which your patients will appreciate.
4. Boost your self-confidence to incorporate iridology diagnosis into your practice by getting hands-on experiences in the state-of-the-art diagnostic instrument, Iriscope, and its corresponding software right in the workshop.
5. Learn to use a combination of eastern and western diagnoses and treatments to resolve patients' health problems. For example, Dr. Wu will discuss the use of endoscopy and external application of Chinese herbal medicine to eradicate certain nasal disorders.
6. Quickly adopt the skills taught in the workshops by modeling Dr. Wu's live demonstration of iridology diagnosis, tui-na, therapeutic massage, and acupuncture depending on the workshop you choose to attend.
7. Acquire practical skills from Dr. Wu's clinical experience and anecdotal cases.
8. Dr. Wu will provide opportunities to interactively discuss cases that you have encountered to enhance the learning process and promote the clinical relevance to your practice.
9. Dr. Wu will discuss ways to effectively communicate with patients and assure their confidence in your TCM treatments in order to build a strong rapport with them. This will be your key to a thriving business.
10. Receive Dr. Wu's free counseling via telephone or e-mail if you have questions regarding the diagnostic techniques or clinical treatment learned from the workshops (Sending X-ray or iris images via e-mail is also welcomed).



WORKSHOPS INFORMATION

Iridology & TCM Series (Part I—III)

Detecting Illnesses Through the Irises (Introduction) – 7 Rings, 6 Major Markings, and 12 Major Syndromes (8 Hours/8 PDAs)



- ◆ Fundamentals of Iridology.
- ◆ Overview of seven rings of the iris corresponding to specific physiologic system of the human body.
- ◆ Discussion on six major markings commonly found in patients as well as their correlated health conditions.
- ◆ Discussion on the correlation of characteristics of the iris with respect to each major syndrome.

Detecting Illnesses Through the Irises (Intermediate) – 8 Types of Cavities and 13 Major Body Types, and the Study of Pupil (8 Hours/8 PDAs)

- ◆ Discussion of eight different types of cavities in the iris and the implication associated with each type of cavity.
- ◆ Description of the iris characteristics associated with 13 respective body types
- ◆ Discussion of the 12 types of pupil characteristics based on shapes and directions.
- ◆ Description of relationships between the pupil and the intestinal ring.
- ◆ Detailed discussion of symptoms correlated with observed characteristics of intestinal ring.
- ◆ Overview of herbal formulas for treating intestinal symptoms/diseases.

Detecting Illnesses Through the Irises (Advanced) – The Study of Sclerology & Special Case Studies (8 Hours/8 PDAs)

- ◆ Overview of principles of Sclerology.
- ◆ Discussion of 16 types of vessel seen in the sclera and symptoms or disorders associated with each type.
- ◆ Two innovative iridology diagnostic techniques will be taught and special cases archived by Dr. Wu will be presented.
 - ◆ Integrative analysis of X-ray and iris images
 - ◆ Comparative analysis of bilateral irises