

## **Tongue Caught on Fire From Losing True Love**

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The chief complain of this 72 year-old lady is that her tongue always has nonstop severe pain like it's caught on fire. She often has to numb the tongue with ice cube to temporarily relieve the burning sensation. Years of countless visits to MDs and numerous drugs did not help the conditions at all. I think to myself that there must be a reason behind this rare and difficult disease.

Through the consultation I learned that when she was 65, she met her second husband and quickly fell in love with this charming gentleman. It was only a year and a half into their marriage when her husband was diagnosed with late stage lung cancer. The shadow of the unknown suddenly clouded over their once sweet and worry free lives. Under the American healthcare system, he received the standard procedure of surgery, chemotherapy, radiation therapy that kills the cancer cells as well as a good number of white blood cells. In addition to that, he had to take countless pain killers take daily with many, many side effects. Within only a few months, this tall, handsome gentleman like many others who went through the procedure, become nothing more than skin and bone then soon passed away.

It will be hard to imagine what a shock it was to this lady! Psychological collapse, emotional distress, crying till no more tears, howling till losing the voice, all this grief damages her greatly. She experiences difficulty falling asleep, depression, poor appetite, fatigue, constipation, and many signs of autonomic nervous system dysfunction. The worst of all is the painful burning sensation of the tongue that tortures her night and day.

By understanding this painful path that she endured , we determined that her condition is caused by excessive depression that drains the Qi and damages the Yin. The treatment strategy was to nourish the blood, release the Liver and relieve the depression, lastly reunite the Yin and balance the Yang.

Throughout the treatment, we perform acupuncture in the neck area and open up the channels. In additions, we apply therapeutic massage on the neck, shoulder, and upper back to relax the long-tightened muscles due to stress.

Therefore the related nerves can be functional again going into the oral cavity and bring back the sensitivity of the tongue. Lastly, we use herbal remedies to tonify the

Heart and the Spleen in order to reunite the Yin and balance the Yang.

There is a Buddhist saying which goes, “The medicine cures those who are not destined to die, the Buddha helps those who are destined to receive the blessing.” It must be the blessing from above. After the first treatment, the symptoms were reduced by 60%! Within three treatments, the fire that has been burning her tongue for years was put away. We followed up with her for over a year with no signs of reoccurring of symptoms. It was surely a blessing from the heavenly one. This is a very unique and rare case in the Traditional Chinese Medicine.

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